## We believe human kindness.

We feel passionate about coming together to make kindness loud. Kindness is contagious, but the spark has to start somewhere. Why don't we start here? And why don't we start now?

#makeKINDNESSloud

I AM GOING TO...

bring coffee or snacks to a first responder.

donate blood.

adopt an animal from the shelter.

send a note to a family member I haven't connected with in a while.

I AM GOING TO...
volunteer at a local charity.

I AM GOING TO... thank a teacher for the good work they do.

I AM GOING TO...
cook a meal for my neighbor.

I AM GOING TO...

thank a Veteran for their service.