Gratitude Conversation Starters

By Terri Thompson 10 Comments

How often do you talk about gratitude with your kids?

I try to make gratitude an ongoing conversation at our house. I don't ever want my girls to take our wonderful life for granted. Even though we have had some trials and some not-so-good days, we are still very fortunate.

It's not always easy to have that conversation and sometimes I'm at a loss. I don't want to ask the same questions every day. That's an easy way to get everyone to lose interest! I want to get my girls thinking and looking at all areas of their life. I want them to look at the little things, not just the big picture.

So, I started brainstorming and jotting down questions. When I was done, I had a set of **Gratitude Conversation Starters** to use to get us talking.



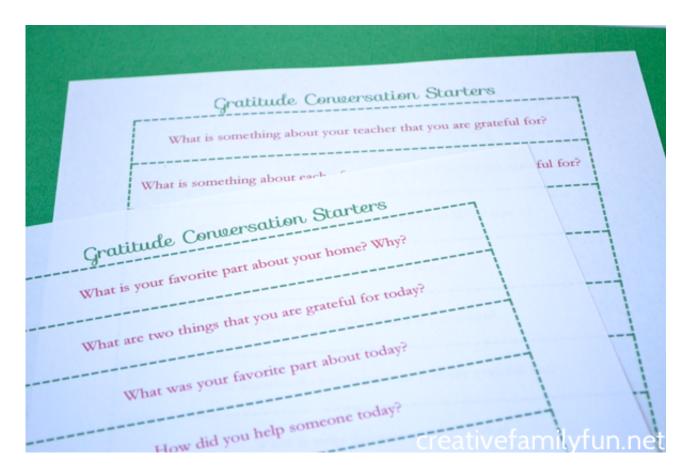
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Get the conversation started

I love conversation starters because they take all the awkwardness out of starting a conversation. Just grab a strip and read the question out loud.

Mom and Dad can ask the kids or the kids can ask the parents.

They give you things to talk about that you may not have thought about before.



Gratitude Conversation Starters

What is your favorite part about your home? Why?

What abilities do you have that you are grateful for?

What is one of your favorite things to do? Why are you grateful for it?

What is something about your teacher that you are grateful for?

Who did something nice for you today? What was it?

What is something you love doing with your parents?

This is just a sample of the questions I came up with. In all, I have 20 questions covering the big and little things in life.



How to use them:

Print off a set of conversations starters (it will take 2 <u>pieces of paper</u>). Cut the strips apart and find a fun way to display them.

You can put them in a jar like I did in the top picture or fold them up and put them in a bowl. Place one in front of everyone's plate at dinner time. It really doesn't matter. What's important is the conversation that

develops.

Download and print your conversation starters here.

These are perfect for dinner time or even a long car trip. Pull out a strip and have everyone answer. Let the conversation flow. Remember all the little things and be grateful for your wonderful life with these gratitude conversation starters.

Show Your Gratitude with Thanksgiving Decor



Gratitude Conversation Starters





For more gratitude posts, check out these great ideas from the 2nd Grade Crew:

Give Thanks Acrostic Poem – School Time Snippets

Exploring Symmetry with Art – Crafty Kids at Home

How to Give Thanks with an Obstacle Course – Thriving STEM

You may also enjoy one of these Thanksgiving projects:

Acorn Gratitude Banner

Balloons Over Broadway: Book and Craft

Turkey Suncatchers

30+ Thanksgiving Activities for Kids at The Artful Parent

Terri is a writer and mom of two elementary-aged girls. She has a passion for learning and is always looking for ways to make learning fun. You can find her at Better Than Homework where she shares fun learning activities or Creative Family Fun where she shares art, craft, and family fun ideas.